

## Week one

W/C 22/04, 13/05, 10/06, 01/07, 22/07, 02/09, 23/09, 14/10

Monday

**Tomato & Mozzarella Pizza with Jacket Wedges (v)**  
Homemade pizza base topped with tomato and herb sauce  
**Chinese Style Quorn Veggie Rice (v)**  
Quorn mince, rice and vegetables infused with Chinese 5 Spice

**On the Side...**  
Fresh Broccoli  
Fresh Carrots  
**For Dessert...**  
Fruit & Yoghurt Pot

Tuesday

**Chicken & Potato Bake**  
Fresh chicken and potatoes served in a cheesy sauce  
**Vegetable Pasta Bolognese (v)**  
Fresh vegetables in a traditional bolognese sauce served on a bed of pasta

**On the Side...**  
Sweetcorn  
Mediterranean Vegetables  
**For Dessert...**  
Brownie Cake

Wednesday

**Roast Turkey**  
Traditionally roasted turkey served with crispy roast potatoes & gravy  
**Sweet Potato & Chickpea Roast (v)**  
Sweet potato loaf served with crispy roast potatoes and gravy

**On the Side...**  
Fresh Carrots  
Seasonal Cabbage  
**For Dessert...**  
Flapjack & Fruit Slices

Thursday

**BBQ Beef Meatballs with Pasta**  
Beef meatballs in BBQ sauce with pasta  
**Sweetcorn Enchilada Pie with Rice (v)**  
Sweetcorn and lentils cooked in a tomato sauce layered with tortillas and cheese

**On the Side...**  
Garden Peas  
Fresh Broccoli & Cauliflower Medley  
**For Dessert...**  
Pear Upside Down Cake & Custard

Friday

**Salmon Fish Fingers with Chips**  
Breaded salmon fish fingers (MSC approved)  
**Quorn Dippers with chips (v)**  
Tasty Quorn dippers served with chips

**On the Side...**  
Baked Beans  
Sweetcorn  
**For Dessert...**  
Strawberry Ice Cream

## Week two

W/C 29/04, 20/05, 17/06, 08/07, 09/09, 30/09, 21/10

**BBQ Quorn Burger with Jacket Wedges (v)**  
Quorn burger in a soft bun with BBQ sauce  
**Vegetable & Chickpea Wrap with Jacket Wedges (v)**  
Mildly spiced vegetable and chickpea tortilla wrap

**On the Side...**  
Fresh Carrots & Fresh Cucumber Sticks  
Garden Peas  
**For Dessert...**  
Oatie Biscuit with Fruit Slices

**Bangers & Mash**  
Organic pork sausages served on a bed of creamy mash potato and gravy  
**Quorn Balls in Tomato sauce with Pasta (v)**  
Quorn balls marinated in a tomato and herb sauce served with pasta

**On the Side...**  
Roasted Peppers & Sweetcorn  
Baked Beans  
**For Dessert...**  
Strawberry Swirl Sponge

**Roast Chicken Breast**  
Roasted free range chicken breast served with crispy roast potatoes & gravy  
**Cauliflower & Creamed Corn Bake (v)**  
Sweetcorn and cauliflower florets in a creamy cheese sauce

**On the Side...**  
Fresh Carrots  
Seasonal Cabbage  
**For Dessert...**  
Fruit & Yoghurt Pot

**Beef Pasta Bolognese**  
Organic beef mince in a traditional bolognese sauce served with pasta  
**Mild Chickpea Curry with Rice (v)**  
Mildly spiced chickpea and potato curry

**On the Side...**  
Fresh Broccoli  
Sweetcorn  
**For Dessert...**  
Chocolate Sponge Cake with Chocolate Sauce

**Crispy Fish and Chips**  
Traditional crispy battered fish fillet (MSC approved)  
**Veggie Quorn Hotdog with Chips (v)**  
Quorn frankfurter served in a soft hot dog roll

**On the Side...**  
Baked Beans  
Garden Peas  
**For Dessert...**  
Apple & Carrot Slice

## Week three

W/C 06/05, 03/06, 24/06, 15/07, 16/09, 07/10

**Mac 'N' Cheese (v)**  
Traditional macaroni served in a mild cheesy sauce  
**Vegetarian Quorn Paella (v)**  
Spanish style Quorn mince mixed with rice and vegetables

**On the Side...**  
Fresh Broccoli  
Fresh Carrots  
**For Dessert...**  
Fruit & Yoghurt Pot

**Beef Lasagne with Garlic & Herb Bread Wedge**  
Organic mince beef layered with pasta sheets and creamy sauce topped with cheese  
**Vegetable Biryani (v)**  
Mildly spiced vegetable medley mixed with long grain rice

**On the Side...**  
Sweetcorn  
Mediterranean Vegetables  
**For Dessert...**  
Lemon Drizzle Cake

**Roast Pork**  
Farm Assured roasted pork served with a glazed apple ring served with crispy roast potatoes & gravy  
**Quorn Roast (v)**  
Sliced roasted Quorn served with crispy roast potatoes & gravy

**On the Side...**  
Fresh Carrots  
Seasonal Cabbage  
**For Dessert...**  
Blueberry Frozen Yoghurt

**Chinese Chicken Rice**  
Chinese-style Chicken combo with rice and peas  
**Creamy Pesto Pasta (v)**  
A creamy sauce mixed with pasta and nut free pesto

**On the Side...**  
Fresh Broccoli & Cauliflower Medley  
Sweetcorn  
**For Dessert...**  
Apple & Berry Crumble with Custard

**Fish Fingers with Chips**  
Golden breaded fish fingers (MSC approved)  
**Sweet Potato & Chickpea Burger with Chips (v)**  
Sweet potato & chickpea burger served in a soft bun

**On the Side...**  
Baked Beans  
Garden Peas  
**For Dessert...**  
Strawberry Jelly with Fruit Slices

Our chicken and milk are Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



ALL OUR BEEF is from THE UK OR IRELAND

FRESH SALAD

IS AVAILABLE ON A DAILY BASIS

Special dietary requirements can be catered for, please contact:

Email: [specialdiets@compass-group.co.uk](mailto:specialdiets@compass-group.co.uk)

TEL: 01435 865310



WE SUPPORT 82 BRITISH DAIRY FARMS



Jacket Potatoes with various fillings available daily.

FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

