

April 2021

Dear Parents, Carers and Children,

Message for the Whole School Community– Build A #NeuroNinja Webinars for parents & carers this term

We're excited to bring you this term's webinars. Each week we will focus on a different skill within the three strands of becoming a #NeuroNinja. Our work involves supporting every young person, parent, carer, child and member of staff to learn about the 3 Strands and 10 Skills of being a #NeuroNinja. To find out more visit our [You Tube channel](#).

All webinars start at 8pm and run for 30mins, there's always time for questions at the end. This term's webinars for parents and carers are:

Well-Being Strand Webinars

Mon 10th May 8pm: Feeling It, Secret Life of My Emotional Brain (1)

Tue 11th May 8pm: Feeling It, Secret Life of My Emotional Brain (2)

Wed 12th May 8pm: Build Great Emotional Responsiveness

Mind Management Webinars

Mon 17th May 8pm: Supporting Your Child With Anxiety (1)

Tue 18th May 8pm: Supporting Your Child With Anxiety (2)

Wed 19th May 8pm: Helping Your Child Respond to Trauma: Bereavement or Divorce

Unleashing Learning and Productivity Webinars

Mon 24th May 8pm: Deliberate Practice and How To Improve Any Skill

Tue 25th May 8pm: Procrastination and How To Solve It

Wed 26th May 8pm: Stepping Positively Into Challenge

[To sign up to the series – CLICK HERE](#)

We take your privacy very seriously and will only use these data to let you know about these webinars. Our GDPR [policy is here](#).

Webinars are recorded so you don't have to access them live, you can find them on the page for your school on our website – www.actionyourpotential.org. You just need to become a member, instructions [are here](#). Once you're a member click on the webinars button and find the school button and use this password: nnst20 to access the recordings.

Every webinar contains actionable strategies to support every parent, carer, child and young person live inside their amazing brains with more joy, engagement and possibility every day.

You will remember our mission is to help everyone across the college community to learn all about their amazing brain to improve well-being, mind management and learning and memory.

Don't forget there's lots of advice and support on the AYP website and we will continue to support you, your children and the whole college community throughout the year.

Yours sincerely

Andrew

Action Your Potential