



Dear parent/carer

Throughout your child's school life, their health and wellbeing will be supported by East Sussex School Health Service in partnership with you and your child's school.

There will be four opportunities for Health, Wellbeing and Lifestyle Behaviour reviews to take place during this time at key transition points; Reception, year 6, year 9 and post-16. The Health, Wellbeing and Lifestyle Behaviour Reviews will enable the school health service to identify needs, so early intervention can be offered preventing any problems from developing further.

The Year 6 Health, Wellbeing and Lifestyle Behaviour Reviews will be completed by your child in school with their peers on line, on a tablet or laptop. Following completion of the Health, Wellbeing and Lifestyle Behaviour Review your child may be seen in school at their own request or at the request of the School Health Service.

The Health, Wellbeing and Lifestyle Behaviour Review is a simple questionnaire about your child's health, wellbeing and lifestyle behaviour. This questionnaire will help to identify any support your child may need to help them feel more prepared and able to cope with their transition to secondary school.

We are using a questionnaire called the Lancaster Model, which has been successful in other parts of the country in identifying the extra support some children may need. For more information please visit <https://www.thelancastermodel.co.uk/>.

All personal information collected from the Health, Wellbeing and Lifestyle Behaviour Reviews will be treated as confidential and held securely to meet data protection requirements, unless your child identifies a safeguarding issue. However, a member of the School Health Team may contact you following completion of the Health, Wellbeing and Lifestyle Behaviour Review to offer health advice, information and support.

The data gathered from the Health, Wellbeing and Lifestyle Behaviour Reviews will be anonymised and then shared with your child's school. This will enable them to target healthcare action plans to meet the specific needs of the school community. Schools will not be able to identify individual children from this data. The anonymous data may also be shared with other agencies to improve services.

If you have any concerns or worries you wish to discuss, or if you do not wish your child to take part in the Health, Wellbeing and Lifestyle Reviews, please contact the team by Tuesday 12th February 2019.

The School Health Team can be contacted Monday to Friday, 8:30am to 5pm

By phone : 0300 123 4062

By email : kentchft.esschoolhealthservice@nhs.net

Or you can visit the website to find out more: <https://www.kentcht.nhs.uk/service/school-health/school-health-service-east-sussex/>


Details about the information we collect from you, what we do with it and how it may be shared can be found in the leaflet What happens to personal information held about you? at www.kentcht.nhs.uk/personalinfo or you can ask your healthcare professional

Yours sincerely,

Stephanie Cooper

Team Coordinator, East Sussex School Health Service |

Kent Community Health NHS Foundation Trust |

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Please note the East Sussex School Health Service now has an online referral form for both parents and professionals which can be found at <https://www.kentcht.nhs.uk/service/school-health-service-east-sussex/>

If your query relates to FOI please direct your email to kcht.foi@nhs.net