

# Meet the Teacher

## Message from Miss Cunningham and Mr Smith



Welcome to Year 5! It has been wonderful getting to know our new Year 5s and we have been extremely pleased with how well they have settled so far.

As your child moves into upper key stage two, please support your child to continue to develop their independence by encouraging them to remember certain routines (e.g. remembering to wear their PE kit on set days) and complete tasks by themselves (e.g. changing their books by themselves in school).

Additional skills to learn at home to support with independence in school:

- Telling the time
- Tying shoelaces

## Home Learning

We expect children to read at home 5 x per week, with a short comment written in their reading record each time.

**Homework club: Tuesdays after school until 4.15pm.**

30 minutes TT Rockstars.

Spellings via Google Classroom.

Home learning project menu.

## Topics 2021-22

Term 1— The Maya

Term 2— Ancient Greece

Term 3— Tudors

Term 4— Rivers

Term 5— World War I

Term 6— Plastic Pollution

## The Empowerment Approach

We have adopted The Empowerment Approach to behaviour which has been developed by a team of educationalists, psychologists and coaches. It brings together a range of disciplines, including neuroscience, neurobiology, psychology, coaching and education, ensuring the strategies we use with children to support their behaviour are firmly evidence-based.

The Empowerment Approach is underpinned by the belief that when a child presents with challenging behaviour, the first step should be to work with the child to identify stressors and missing skills. Once the stressors are identified, adults should work with the child to reduce these and build the skills they need to respond better next time.

New skills need to be taught and practised. Change will not necessarily be quick as new neural pathways take time to build; the child may therefore require additional supports whilst they build skills and new strategies.



## Snacks and drinks

Children can bring in a fruit/ veg snack for break time.

Remember: children's drink bottles must only contain water.

We have plenty of places to refill these in school.

## Contact

If you need to contact Miss Cunningham or Mr Smith, you can email directly on: [year5@chantry.e-sussex.sch.uk](mailto:year5@chantry.e-sussex.sch.uk)

## PE days

Monday (inc swimming kit)

Thursday

Please ensure all of your children's clothing and belongings e.g. lunchboxes and water bottles are named clearly.