

PGL - What will your child need?

Below is a list of the items that the children will need to bring with them.

Clothing

(Children MUST have plenty of changes of clothes in case of wet weather)

- Night clothes
- Several changes of underwear!
- At least 2 thick jumpers/ hoodies/ fleeces
- At least 3 pairs of old trousers (leggings, tracksuit bottoms, combats, shorts (at least two pairs of **long** trousers must be brought and jeans cannot be worn for many activities)
- Sturdy boots or shoes e.g. walking shoes, trainers (not opened toed)
One pair of shoes will be used for watersports so will get wet (beach shoes are ideal).
- Several t-shirts (that cover the shoulders), including at least one long sleeved.
- Several pairs of socks plus spares
- Waterproof jacket (and trousers – optional)

Other items

- A packed lunch for the first day in a disposable container
- Bedding – a pillow plus duvet OR sleeping bag
- Wash kit (tooth brush and toothpaste, shower gel/soap, shampoo)
- Towel
- Small backpack/bag to take with them on activities
- Water bottle (NAMED – there are plenty of places to refill these)
- **Small** amount of sweets (NAMED – must be handed in to an adult on arrival)
- Book for downtime
- Hair bands (long hair **must** be tied up for activities)
- **Sun cream**
- Sun hat
- Pocket money (up to £10) in change, in the named money bag provided. This will be looked after by an adult so **please do not pack this in their luggage!**

Useful optional extras

- Torch
- Watch/alarm clock
- Pens/pencils and a notebook
- Cheap pocket camera and film
- Bin liners for dirty washing/activity clothing

Absolutely NO phones or electronics.

All children will be carrying their own luggage and will have to store bag/cases in their cabin so please make sure the amount you pack is manageable.

Children are responsible for their own belongings. Please name everything! We will not be responsible for returning lost items.