

# FIND YOUR CALLING: VOLUNTEER WITH FAMILIES!

**Next virtual induction course: Wednesdays & Thursdays, 10:00 - 11:30,  
30th June & 1st July, 7th & 8th July, 14th & 15th July 2021**

Our popular and FREE 6 session volunteer course is fun and relaxed, providing you with a fantastic opportunity to learn about what it takes to become a volunteer and how the Early Help 0-19 service (Children's Centres) helps local families.

Claire Says: "After completing the volunteer course I feel happier; more confident & positive about my future. I also have lots of ideas of career paths I might like to choose. It has opened my mind up to lots of different opportunities that I could look into. Having the course to look forward to every week has been amazing. It has given me a routine & time away from being mum. I am really looking forward to volunteering."

Opportunities for our volunteers include:

- Buggy Walks
- Running a group for families in their local area
- Supporting staff in crèches
- Supporting Health Visitors during the Child Health Clinics
- Administrative roles
- Meeting new people

**LEARN NEW SKILLS \* MEET NEW FRIENDS\* FIND YOUR PATHWAY BACK TO WORK**

**Call Bindi to find out more on 07500 224873**

**Email: [EHVolunteers@eastsussex.gov.uk](mailto:EHVolunteers@eastsussex.gov.uk)**

# VOLUNTEER INDUCTION COURSE

Virtual via Microsoft Teams

DATE	SESSION (subject to change)
Session 1	Introduction to the Volunteer Induction Course
Session 2	Health and Safety in the Workplace
Session 3	Equality and Diversity
Session 4	Safeguarding (Please note: This session must be attended in order to volunteer. If you not able to attend, another session will be offered to you.)
Session 5	Baby Friendly Initiative (BFI)
Session 6	Rights & Responsibilities of a Volunteer